AMERICAN PHARMACISTS ASSOCIATION'S THE PHARMACIST & PATIENT-CENTERED DIABETES CARE

A CERTIFICATE PROGRAM FOR PHARMACISTS

HOSTED BY: UNIVERSITY OF CINCINNATI JAMES L WINKLE COLLEGE OF PHARMACY

SATURDAY APRIL 18, 2020 8:00 AM - 3:00 PM

PRIMARY HEALTH SOLUTIONS 2ND FLOOR

210 S. SECOND STREET

HAMILTON, OHIO 45011 (FREE PARKING IS AVAILABLE ACROSS THE STREET FROM THE CLINIC)

For questions about this program, please contact:

The Office of Continuing Pharmacy Education (513) 558-4716 or RxCPD@uc.edu

Activity Preview



The American Pharmacists Association (APhA) developed *The Pharmacist and Patient-Centered Diabetes Care* Certificate Training Program, an educational experience designed to equip pharmacists with the knowledge, skills, and confidence needed to provide effective, evidence-based diabetes care. The program provides comprehensive instruction in current diabetes concepts and standards of

care and incorporates case studies and hands-on skills training focused on the situations most likely to be encountered—as well as the services most needed—in community and ambulatory care practice settings. Participants will gain experience evaluating and adjusting drug therapy regimens for patients with type 1 and type 2 diabetes, counseling patients about lifestyle interventions, analyzing and interpreting self-monitoring of blood glucose results, and assessing the overall health status of patients to identify needed monitoring and interventions.

Activity Type: Application and Practice-based

Target Audience: Pharmacists in all practice settings

Learning Level: Level 3

APhA's "The Pharmacist and Patient-Centered Diabetes Care" Certificate Training Program was the recipient of the 2015 Award, Alliance for Continuing Education in the Health Professions', for outstanding Live CE Activity. This award recognizes an organization for innovation and excellence in the design, educational format, and instructional delivery of a live CE activity or educational initiative.

Goals and Learning Objectives

The goal of *The Pharmacist and Patient-Centered Diabetes Care* is to teach the pharmacist how to integrate diabetes education and management into practice. This overriding goal incorporates the goal of pharmaceutical care, which is to ensure that patients make the best use of their medications and achieve the desired therapeutic outcomes. Specific program goals are to:

- Provide comprehensive instruction on current standards of care for patients with diabetes.
- Increase pharmacists' ability to apply pharmacotherapeutic information and serve as the drug therapy expert on the diabetes health care team.
- Refresh pharmacists' knowledge of the pathophysiology of diabetes and the acute and long-term complications of the disease.
- Familiarize pharmacists with important concepts in nutrition, exercise, and weight control that contribute to optimal diabetes care.
- Provide training on the use of diabetes-related devices and physical assessments involved with optimal diabetes care.
- Describe business opportunities and roles for pharmacists in improving health outcomes for patients with diabetes.

Key Learning Objectives of the Live Training Seminar

At the completion of this activity, the participant will be able to:

- Evaluate the overall health status of patients with diabetes in terms of recommended monitoring and interventions, and formulate strategies for closing gaps in care.
- Propose modifications to a patient's drug therapy regimen rooted in evidence-based algorithms for diabetes management.
- Recommend dietary interventions to support optimal glycemic control and weight loss (when indicated) in patients with diabetes.
- Analyze and interpret a patient's self-monitoring of blood glucose results and use the results to identify needed changes in the diabetes management plan.
- Demonstrate proper technique for measuring blood pressure, administering injections, obtaining fingerstick samples for blood glucose monitoring, operating blood glucose meters, and performing monofilament foot testing.
- Integrate the varied aspects of comprehensive diabetes care into efficient, sensitive, respectful pharmacist-patient interactions that support optimal patient self-management.
- Describe ways in which pharmacists can keep abreast of new developments and take advantage of professional opportunities in diabetes care.

For a complete list of learning objectives and for all APhA accreditation information and policies, please visit APhA's website, http://www.pharmacist.com/pharmacist-patient-centered-diabetes-care.

Seminar Agenda

- Check-in
- Welcome, Introductions and Acknowledgements
- Comprehensive Diabetes Care
- Treating Type 2 Diabetes
- Insulin Therapy in Type 1 and Type 2 Diabetes
- Nutrition and Lifestyle Counseling for Patients
- Hands-On Skills Practice
- Next Steps and Resources
- Post-Seminar Final Instructions

Please note: we will NOT have an hour long lunch break. We will only be taking brief breaks during the session in order to complete the entire CE program in 7 hours. Feel free to bring/pack a lunch/snacks/water to use to refresh during the scheduled breaks.

Cost

Pharmacists: \$350, Preceptors: \$300 (\$50 discount), UC Residency Preceptors/Residents/PY4 students: \$150.

This covers the entire program both self-study and live seminar.

Registration

Here is the <u>Registration Link</u>

Once you pay using the registration link below, the ORDER NOTIFICATION will provide instructions on accessing the Self-Study materials.

Deadline to register is 4/4/2020.

Accreditation Information



The American Pharmacists Association is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. *The Pharmacist and Patient-Centered Diabetes Care* certificate training program is approved for a total of 23.0 contact hours of continuing pharmacy education (CPE) credit (2.3 CEUs). The ACPE Universal Activity Numbers (UAN) for this activity are listed below.

- Successful completion of the self-study component involves passing the self-study assessment with a grade of 70% or higher and will result in 15 contact hours of CPE credit (1.5 CEUs). ACPE UAN: 0202-9999-18-121-H01-P
- Successful completion of the live seminar component involves attending the full live seminar, successfully
 demonstrate competency in the utilization and/or evaluation of these devices, and completing the online
 assessment and evaluation. Successful completion of this component will result in 8 contact hours of CPE
 credit (0.8 CEU). ACPE UAN: 0202-9999-18-122-L01-P

To obtain 23.0 contact hours of CPE credit (2.3 CEUs) for APhA's *The Pharmacist and Patient-Centered Diabetes Care* certificate training program, the learner must complete all components listed above, and CLAIM credit for each component. Participants will need to have a valid APhA (pharmacist.com) username and password, as well as a CPE Monitor account to claim credit. After credit has been claimed, please visit <u>CPE monitor</u> for your transcript. The Certificate of Achievement will be available online upon successful completion of the necessary activity requirements on the participant's **My Training** page on www.pharmacist.com.

APhA continuing pharmacy education policy provides you with two opportunities to successfully complete the continuing pharmacy education assessment. Please note that you will not be permitted to submit the assessment a third time. The current policy of the APhA Education Department is not to release the correct answers to any of our CPE tests. This policy is intended to maintain the integrity of the CPE activity and the assessment.

Release Date: January 31, 2018

Expiration Date: January 31, 2021 - PLEASE NOTE: NO Home Study credit granted after this date; Live Credit can only be granted within 60 days from the day of the seminar attended.

Development

The Pharmacist and Patient-Centered Diabetes Care was developed by the American Pharmacists Association. Copyright © 2018 by the American Pharmacists Association.

Faculty and Disclosures

Bethanne Brown, PharmD, BCACP, TTS

Dr. Brown has no relevant financial relationships to disclose.

System Requirements

Computer and Internet access are required to complete this activity. Please visit our website to view the <u>Technology System Requirements</u> in order to have a positive learning experience.

Refund Policy

Fees are noted above. If you need to cancel your registration, please notify our office as soon as possible. Timely notification of a cancellation may allow another person to participate in your place. No refunds for cancellations on or after April 4, 2020. Cancellations prior to April 4, 2020 will receive a refund minus a \$50 processing fee. However, participants who redeem an enrollment code will be charged a fee of \$175 regardless whether or not they complete any portion of the self-study. In the event the program is cancelled, registration fees will be refunded in full, but non-refundable travel-related expenses are not the responsibility of the College and cannot be refunded.